

Rules of the Game

Boone Soccer Club's recreational league goal is to introduce the game of soccer to youth of all ages and skill levels. We strive to cultivate a lifelong passion for the sport while providing opportunity for each player to develop to their highest potential. Coaches should support Boone Soccer Club in achieving this goal by providing players with equitable playing time and a fun environment that fosters development.

Length of Games and Ball Specifications

<u>Age Group</u>	<u>Game Length</u>	<u>Size</u>	<u># of Players</u>
U6	2- 16' halves or 4 - 8' quarters	#3	4 on 4 and no goalie
U4	2 - 12' halves or 4 - 6' quarters	#3	No more than 3 and no goalie

Starting Game

The ball is placed on the center line inside the center circle. Coaches will decide which team will start the 1st half with the ball (or the 1st and 3rd quarters). The other team will start with the ball during the 2nd half (or the 2nd and 4th quarters). The defending players should stand outside the center circle until the ball is touched by the opposing team. The player that touches the ball first should be encouraged to pass to another player rather than begin dribbling.

The Throw-In

When the ball goes out of bounds by one team, the other team will throw the ball in from the sideline close to where it went out. The defending players must stand at least four yards away from the ball until it is in play. Player throwing the ball in must practice keeping at least one foot flat on the ground while the other foot is allowed to have just the tip of it touching the ground. Both feet should maintain some contact with the ground until after the ball is released. Both hands should be used to throw the ball by starting with it over and behind their head and throwing it to another player's feet. Coaches should give verbal reminders of these rules when they are not followed.

Corner Kick/Goalie Kick

When the ball goes out of bounds on the defending team's goal line and was last touched by the defensive team, the offensive team will place the ball in the corner and pass in the ball. The defending players must stand at least four yards away from the ball until it is in play. When the ball goes out of bounds on the defending team's goal line and was last touched by the offensive

team, the defensive team will place it on the goal line and pass in the ball. The opposing team must stand at least four yards away until the ball has been put back into play.

Hand Balls

Players are not allowed to touch the ball with their hands when it is in bounds. If the ball is touched by hands, coaches will give verbal reminders that hands are not allowed to touch the ball.

Fouls

No fouls are called during the game because the fouls that are committed will be incidental. Coaches will give verbal reminders to go for the ball and not an opponent.

Gear

Players need to wear their team jersey. Players also need to wear shin guards. Players can either wear cleats or tennis shoes.